

Beavers My World Challenge Award

Take Part In Three Activities That Reflect England, Northern Ireland, Scotland, Wales, Or Your Part Of The UK. They Could Be: Dance And Music, Craft, Festivals, Sports And Activities

The United Kingdom Games[©]

By Samantha Eagle

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Take Part In Three Activities That Reflect England, Northern Ireland, Scotland, Wales, Or Your Part Of The UK. They Could Be: Dance And Music, Craft, Festivals, Sports And Activities

The United Kingdom Games[©]

Overview

For this task the children will participate in their very own 'United Kingdom Games'. They will sing a song from the countries of the 'United Kingdom' and participate in traditional games from that country.

Note: These games should take about 2hrs for an average sized group or a little longer for a large group. You will need to run this over two weeks or you could include it in a sleepover or camp.

Preparation Before The Meeting

- Print out the blank UK map – found in this document – there are 4 on the page you need 1 for each child
- Print out the flag for each country to be used in the 'United Kingdom Games' event. Found in document named - 03B-Flags. If you have real flags for these countries then great use them, otherwise just make them from this print out and glue a stick to the side of it so that the children can hold these up at the start and end of the games
- Print and cut out the anthems for each country – found in this document – you need one for two children sharing and each leader
- Print out the 'Games Directions' – found in this document – you need one for each leader
- Gather the equipment needed see *Materials Needed* below

Materials Needed

- A medal for the winners (on amazon I've seen 24 medals for under £3 or you could try those pounds shops or ebay)
 - You could also have a cup for the winners and a medal for participating
- A podium - you can use turned over plastic crates for this. Or use boxes filed with something sturdy
- Music to go with the anthems they will sing – you will see a link underneath to the songs
- See also equipment needed for the individual games



Preparation At The Meeting

1. Prepare and layout the equipment for the games
2. Layout your podium

Scotland - Flower of Scotland

<https://www.youtube.com/watch?v=i0MkIdTiaU>

Wales - Land of My Fathers

<https://www.youtube.com/watch?v=S3WKvJ8hwzE>

England – God Save The Queen

<https://www.youtube.com/watch?v=PtDs9CzbI5k>

Northern Ireland - Londonderry Air/Danny Boy

https://www.youtube.com/watch?v=bJEW19kS2_4

Before the 'Games' Begin...

Directions/Leader Speak

1. **Speak** - The next task you need to complete for your 'My World Challenge' badge is to take part in three activities that reflect England, Northern Ireland, Scotland or Wales. Tonight you are going to take part in 'The United Kingdom Games' where you will play traditional games that come from each country. This will be similar to competing in the 'Olympics'.
2. **Speak** - Before we have some fun competing in the games from each country I need know that you know where these countries are. Does anyone know the official name of the UK?
3. **Action** - Take answers – praise and reiterate
4. **Speak** - It's the 'United Kingdom of Great Britain and Northern Ireland'
5. **Speak** - The United Kingdom is made up of: England, Scotland, Wales and Northern Ireland. Here's a map of the UK...
6. **Action** - Hand out the map to each child
7. **Speak** - I want you to write on this map where you think England, Scotland, Wales and Northern Ireland is
8. **Action** - Go round to check and give hints if they are struggling
9. **Speak** - Brilliant now I know you know how the UK is made up we can get on with some real fun
10. **Direction** - Move onto the 'United Kingdom Games'...

The United Kingdom Games

Directions/Leader Speak

1. **Speak** – Okay great now you know where these countries are we are going to start our 'United Kingdom Games'. First for a proper competitive games we need so split you into your countries. So I am going to split you up now
2. **Direction** – Split the kids into 4 teams to represent each country. Try to keep them even for example, don't put all the older beavers together put one on each team. If you have a very small group then just use 3 countries or lower the amount in each team
3. **Speak** – As you may know at the start of any big games where countries are competing, each country will sing their national anthem. You may not know your anthem so we are all going to have a little practice of all the counties before we sing them at the start of the games
4. **Direction** – Play the music to all the anthems and get all the kids to sing along line by line after you, this will be their practice before they sing it at the start of the games (everyone should sing all the songs irrelevant of what country they are representing)
5. **Direction** – I've put links to the tune and lyrics so you can learn them and sing them with the kids! It would be good if you could play the music

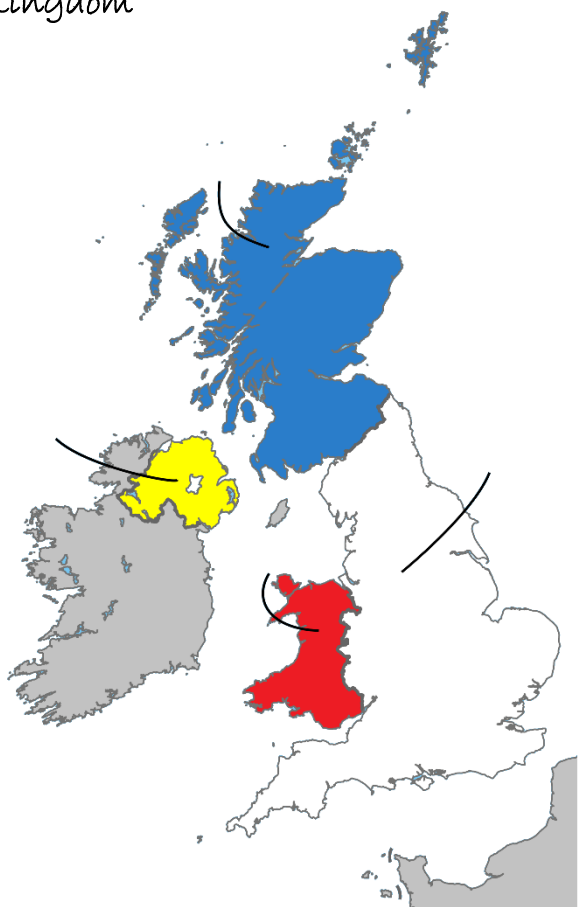
Note: I know there isn't officially an anthem for Scotland but I've chosen 'Flower of Scotland' because it seems to be the most used. Again for England there isn't an official anthem so I've chosen God Save the Queen because this is heard at many sporting events. Also for Northern Ireland I've chosen 'A Londonderry Air with Danny Boy Lyrics'. And you'll also notice I'm just using part of the anthem otherwise it will take too long...

6. **Action** – Once you've had a little practice with the songs, hand out the flag for that country to each team and get them to stand facing you in their teams but separated. One child from each team should hold their flag
7. **Speak** – Great now we're going to sing a song that represents our country. So let's start with Scotland
8. **Action** – Get the Scottish team to sing their Anthem
9. **Direction** – Now move on and sing the other anthems with the other teams

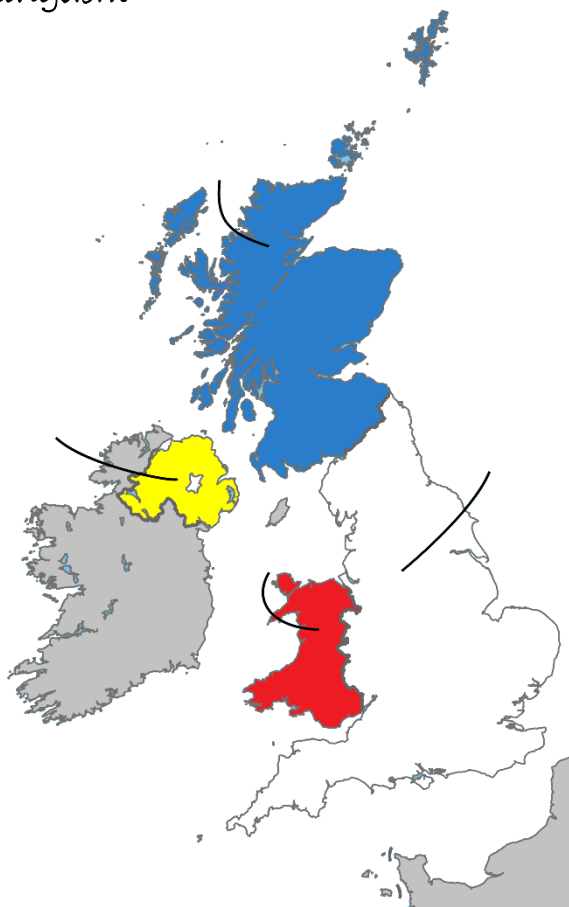
The Games and Closing Ceremony

1. **Direction** – Now move on to playing the games and record the points as you go. Play a game from each country then the second game from each country. Give a very brief description of the game and where it came from before the game starts – you will see a brief sentence for each game in the games table
2. **Direction** – Once the games are finished total up the points and get the anthem ready for the winners. Or you can have 1st, 2nd, 3rd place
3. **Direction** – Get each team to stand in front of you with their flag, announce the winners and get them to come up on a podium to received their medals

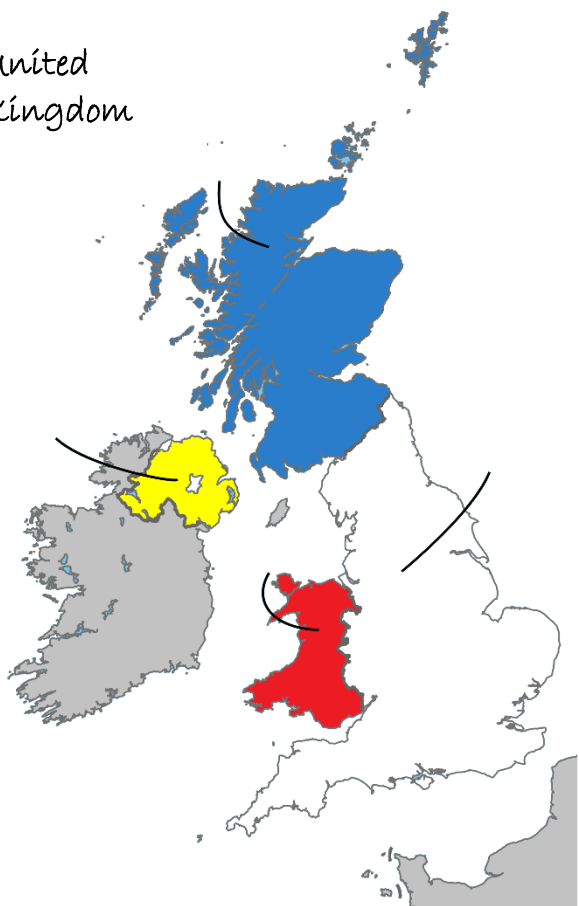
United
Kingdom



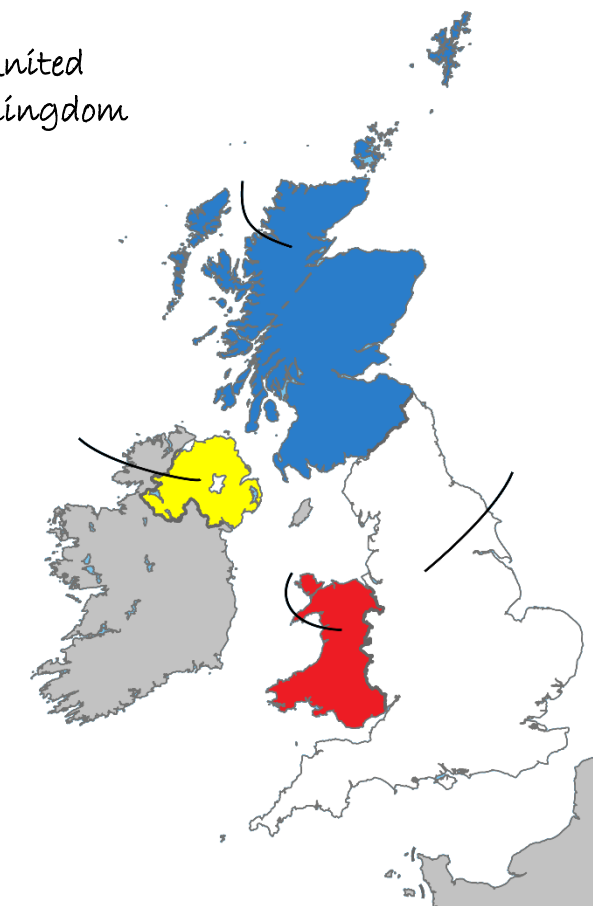
United
Kingdom



United
Kingdom



United
Kingdom



Scottish Anthem - English Version	Scottish Anthem - English Version
O Flower of Scotland, When will we see Your like again, That fought and died for, Your wee bit Hill and Glen, And stood against him, Proud Edward's Army, And sent him homeward, To think again.	O Flower of Scotland, When will we see Your like again, That fought and died for, Your wee bit Hill and Glen, And stood against him, Proud Edward's Army, And sent him homeward, To think again.

Welsh Anthem - English Version	Welsh Anthem - English Version
This land of my fathers is dear to me Land of poets and singers, and people of stature Her brave warriors, fine patriots Shed their blood for freedom Chorus: Land! Land! I am true to my land! As long as the sea serves as a wall for this pure, dear land May the language endure for ever. Old land of the mountains, paradise of the poets, Every valley, every cliff a beauty guards; Through love of my country, enchanting voices will be Her streams and rivers to me.	This land of my fathers is dear to me Land of poets and singers, and people of stature Her brave warriors, fine patriots Shed their blood for freedom Chorus: Land! Land! I am true to my land! As long as the sea serves as a wall for this pure, dear land May the language endure for ever. Old land of the mountains, paradise of the poets, Every valley, every cliff a beauty guards; Through love of my country, enchanting voices will be Her streams and rivers to me.

English Anthem	English Anthem
God save our gracious Queen Long live our noble Queen God save The Queen! Send her victorious Happy and glorious Long to reign over us God save The Queen!	God save our gracious Queen Long live our noble Queen God save The Queen! Send her victorious Happy and glorious Long to reign over us God save The Queen!

Northern Ireland Anthem	Northern Ireland Anthem
Oh Danny boy, the pipes, the pipes are calling From glen to glen, and down the mountain side The summer's gone, and all the flowers are dying 'Tis you, 'tis you must go and I must bide. But come ye back when summer's in the meadow Or when the valley's hushed and white with snow 'Tis I'll be here in sunshine or in shadow Oh Danny boy, oh Danny boy, I love you so.	Oh Danny boy, the pipes, the pipes are calling From glen to glen, and down the mountain side The summer's gone, and all the flowers are dying 'Tis you, 'tis you must go and I must bide. But come ye back when summer's in the meadow Or when the valley's hushed and white with snow 'Tis I'll be here in sunshine or in shadow Oh Danny boy, oh Danny boy, I love you so.

Just for your info...

Scotland Anthem – In The Original Language

O Flouer o Scotland,
Whan will we see,
Yer like again,
That focht and dee'd for,
Yer wee bit Hill an Glenn,
An stuid agin him,
Prood Edward's Airmie,
An sent him hamewart,
Tae think again.

Welsh Anthem - In The Original Language

Verse 1

Mae hen wlad fy nhadau yn annwyl i mi,
Gwlad beirdd a chantorion, enwogion o fri;
Ei gwrol ryfelwyr, gwladgarwyr tra mad,
Dros ryddid collasant eu gwaed.

Chorus

Gwlad, gwlad, pleidiol wyf i'm gwlad.
Tra môr yn fur i'r bur hoff bau,
O bydded i'r hen iaith barhau.

These are the words **phonetically to give you an idea how to say the words...**

My hen oo-lad vurr n'had-die un ann-wil ee mee
goo-lard bay-rdd* a ch**ann-tor-eon
enn wog eon o vree
ane goo-rol ruvv-el-weir
goo-lard gar-weir tra mard
dross rudd*-id cor-ll***ar-sant ay goo-eyed.

Goo-lard, goo-lard
played-ee-yol weave eem goo-lard
tra more un beer, ear beer horff bye
O budd*-ed eer hen ee-eye-th bar hi.

The United Kingdom Games

English Events/Games

Cricket and Football are England's national sports.

Game 1 - Football

Directions: Each team will play a 5-7 minute football match. You can play this outside or have a mini game inside.

Materials Needed: Football. Football net for each end or any type of goal scoring area marked out.

Points: The teams will simply score 1 point for each goal. It may be quicker for two teams to play against two teams then mix those teams around when you play cricket. If you are playing with 3 teams then you will have to play 4 games

Game 2 - Cricket

Directions: Each team will play a 5-7 minute cricket match. You need a bowler and fielders to catch the ball on one team. And batsmen on the other team. They will attempt to hit the ball with their bat away from the fielders and run to the bowler position to score a run and they can keep running until they think they should stop. If a fielder catches the ball then that batsman is out.

Materials Needed: Cricket bat or something similar and a soft ball

Points: The teams will score 1 point for each run. It may be quicker for two teams to play against two teams but mix them up depending on who played who in the football game. If you are playing with 3 teams then you will have to play 4 games.

Scottish Events/Games

Scotland is famous for its 'Highland games' and we are going to do a couple of events that would be part of that the games.

Game 1 - Tug of War

Directions: Each team will challenge each other to a tug of war. Make a central mark. Whatever team gets pulled over the central mark is the loser.

Materials Needed: A thick rope. Alternatively you could tie some sheets together

Points: The winning team will gain 2 points.

Game 2 - Throwing The Wellie

Directions: Each person in each team will throw a wellie. The distance is measured for each child and recorded. Then the total distance for each team is added. The team with the largest distance are the winners

Materials Needed: At least 4 wellies

Points: The winning team will gain 2 points.

The United Kingdom Games cont.

Welsh Events/Games



In Wales it's traditional to play 'quoits'. This is a game where you throw a ring to try to get it to land on a spike of some sort.

Criapan is another traditional game that was played in Wales, it's like an old form of Rugby. People stopped playing this game many years ago because it caused many injuries. So we are going to play a safe version of it.

Game 1 - Quoits

Directions: Each child will have 3 attempts at throwing the ring over the stump.

Materials Needed: You can buy this equipment or use a make do, for example, bang a stick into the ground and throw over some circle rope.

Points: The teams will simply score 1 point for each successful attempt at getting the ring over the stump. Allow everyone a practice round

Game 2 - Criapan

Directions: Each team will play for 5-7 minutes. They will compete against each other to get the ball over the line. They will throw the ball to each other while the other team tries to intercept it. There should be no tackling to the ground just intercepting.

Materials Needed: Use a football, or rugby ball. Set a line at each end of the area.

Points: The teams will simply score 1 point for each touch down. It may be quicker for two teams to play against two teams. If you are playing with 3 teams then you will have to play 4 games

Irish Events/Games

Handball is fast paced and highly skilful. It's traditionally played in Ireland.

Gaelic Football is a type of football played mainly in Ireland between teams of fifteen players.

Game 1 - Handball

Directions: Two children from each team will challenge each other. They will play for 5 minutes. With your hand hit the ball at a wall the other team has to hit the ball again without it bouncing twice on the floor.

Materials Needed: You need a wall this can be in your meeting place or outside. And a small soft ball. Because 2 will play 2 if you have a large group run two occurrences at once you will need two walls and two balls in this case.

Points: Within a 5 minute game each team will score a point when the other team doesn't return the ball after one bounce or no bounces.

Game 1 - Gaelic Football

Directions: Each team will play a five minute Gaelic football match. You can play this outside or have a mini game inside. This is similar to football but you can use your hands too. The object is to get the ball over the net (not in the net like football).

Materials Needed: Football. A goal area at each end. Ideally this would be similar to a Rugby goal. But if this isn't possible then just use some chairs piled on top of each other and a rope between them.

Points: The teams will simply score 1 point for getting the ball over the net/area.

'The United Kingdom Games' Score Sheet

Games/Points	Team 1	Team 2	Team 3	Team 4	Team 5	Team 6
Football						
Cricket						
Tug of War						
Throwing The Wellie						
Quoits						
Criapan						
Handball						
Gaelic Football						
Total						